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## Kellogg Middle School PTSA

# *The Kellogg PTSA Knightly News*



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### **State testing begins next week**

#### **MSP 8th-grade science is Monday**

The rest of the Smarter Balanced series for seventh and eighth grades is scheduled the week of May 22:

- May 22: English Language Arts (Computer Adaptive Test/CAT)
- May 23: Math (CAT)
- May 24: Math (performance task)
- May 25: English Language Arts (performance task)
- May 26 English Language Arts (performance task)

The Kellogg PTSA has funded snacks for students during the week-long testing.

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### **7th-grade assembly on Internet safety**

While eighth-graders take the science MSP on May 15, FBI agent Stephanie Thomas will visit Kellogg for a special assembly for seventh-graders on cyber-bullying, cell-phone use and other Internet safety tips. Ms. Thomas has visited other

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### **Calling all volunteers for next year's Kellogg PTSA**

#### **Membership, digital media chairs needed**

Are you web-savvy? Can you post, tweet, Instagram and Snapchat with the best of them? Would you rather work on the computer than attend meetings? Then the PTSA's **digital media** spot is for you! We're looking for someone who can manage our website and Facebook accounts and turn those sites into the PTSA's go to locations for information.

Maybe you're more of the

schools around Puget Sound for an informative presentation. Talk with your 7th-grader about what they learned!

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## Talking with your kids about suicide prevention

### Netflix series "13 Reasons Why" sparks conversations

The recent online show that includes story lines about substance abuse, sexual assault, bullying and teen suicide has prompted teachers, parents and mental health professionals to encourage greater awareness of depression, anxiety and suicide.

Kellogg Principal Heather Hiatt put out this message in the recent school newsletter:

"We understand that many students are interested in watching and talking about this trending series, which includes graphic and sensitive content. If your teen wishes to watch this program, we encourage you to be aware of the content and to watch along with them and have dialogue on the issues included in the program.

As you may already be aware, spring can be a stressful time for teens as we near the end of a school year. We are providing you with additional resources such as the King County Crisis Line, Children's Hospital, the Jed Foundation and our own Shoreline Schools tip line. **If you have a concern about a student in our schools, please contact us. We will work privately and respectfully with students and families to provide support.**

Please contact our counseling staff if you need additional help or information to strengthen the support for your student in order to finish out the year strong."

Here are some resources to help:

- King County Crisis Line (24 hours): 866-4CRISIS (427-4747) or 206-461-3222
- [Shoreline Schools tip line](#)
- [Seattle Children's](#) suicide prevention tips
- The [Jed Foundation's 13 Reasons Why](#) talking points
- [Sources of Strength](#), a youth suicide prevention project

record-keeping type? Then **membership chair** may be your bag. You can help us solicit new members, keep track of membership information and maintain our member contact list.

And a bonus: While you're keeping it local, you get to hang out with the rest of the PTSA leadership.

Sold? Contact next year's president, Katie Broweleit at [katiebroweleit@gmail.com](mailto:katiebroweleit@gmail.com)

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## Help Knights of the Round Table

We need one more volunteer to serve snacks at this month's meeting recognizing students who've been selected by teachers for demonstrating academic achievement, citizenship or leadership This month's celebration is from **3 to 4:30 p.m. Thursday, May 18**. Sign up [here](#).

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## Future doctor in the house?

The University of Washington and the Dale Turner YMCA are sponsoring a health-care career day from **9 a.m. to 2 p.m. Saturday, May 20 at the YMCA** for students of color and their families. Medical students and resident doctors from the UW will show middle- and high-schoolers how to conduct basic physical exams, stitch up a cut, place a breathing tube (on a dummy) and

## This fall's fundraiser: Oktoberfest

### Brew and Brains Trivia Night!

Our fundraising team is busy planning the 2017-2018 PTSA events.



Up first, it is time to dust off your lederhosen and brush up on your trivia for *Brew and Brains Oktoberfest Trivia Night*, date to be determined in September or October. Plan on trivia, Oktoberfest costumes, music, drinks and food.

You can help make this a successful event by donating items and joining the planning team. E-mail [kelloggfundraising@gmail.com](mailto:kelloggfundraising@gmail.com) for more information.

more.

The UW Center for Health Equity, Diversity & Inclusion is dedicated to increasing the number of people from underrepresented racial and ethnic groups in the medical field.

The YMCA is located at 19290 Aurora Ave. N. in Shoreline.

Information: [snma@uw.edu](mailto:snma@uw.edu) or RSVP at the Eventbrite link at the UW Student National Medical Association [Facebook page](#).

[www.kelloggptsa.org](http://www.kelloggptsa.org)

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