



KELLOGG MIDDLE SCHOOL

# KNIGHTLY NEWS

MAY 2022



## PRESIDENT'S MESSAGE

I CAN'T BELIEVE WE ARE ON THE HOMESTRETCH AND ONLY HAVE THREE WEEKS LEFT OF THIS SCHOOL YEAR. WHAT A YEAR IT'S BEEN. A YEAR OF FLEXIBILITY, ADVERSITY, LEARNING AND FULL OF APPRECIATION AND GREATNESS FOR OUR SCHOOL AND KELLOGG COMMUNITY. WE ARE FINISHING THESE LAST 3 WEEKS STRONG, AS WE HAVE LOTS TO CELEBRATE. OUR 8TH GRADERS MOVING ON, OUR WONDERFUL PTSA AWARD WINNERS, AND WE COULDN'T HAVE MADE IT THROUGH THIS YEAR WITH OUR FANTASTIC PTSA TEAM. WE'D LOVE TO KEEP KELLOGG STRONG NEXT YEAR, SO IF YOU ARE INTERESTED IN BEEN INVOLVED IN NEXT YEAR'S PTSA TEAM, FEEL FREE TO REACH OUT. WE HOPE TO SEE YOU AT SOME OF THESE END OF SCHOOL EVENTS. PLEASE SEE BELOW FOR ALL THE GREAT DETAILS.

AS ALWAYS,  
GO KNIGHTS!!  
~CASIE TUBBS

## 2022-23 PTSA POSITIONS

**WE ARE SEEKING VOLUNTEERS FOR OUR 2022-23 SCHOOL YEAR FOR OUR BOARD OF DIRECTORS.**

**\*\*We are at risk of not having a PTSA without filling at least the President and Secretary positions!!\*\***

Open positions include:

President, Secretary, Fundraising,  
Family Engagement and  
Diversity, Equity and Inclusion (DEI).

PTSA helps Kellogg staff, students and families by doing things such as:

- We contribute \$5,000 towards Hangtime
- We support teachers and staff through treats and appreciation all year round
- We fund enrichments activities
- We provide \$2,500 for teachers and staff to purchase classroom funds
- We run the Reflections program which promotes and supports the art & creative outlets at Kellogg
- We host community events, starting in 2022-23
- We promote advocacy and equity
- We create holiday baskets

Thank you for considering and if interested, please email [executive-team@kelloggptsa.org](mailto:executive-team@kelloggptsa.org)

KEEP READING!



# AWARDS

**CONGRATULATIONS TO THIS YEAR'S PTSA AWARDS RECIPIENTS! KELLOGG MIDDLE SCHOOL PTSA THANKS YOU FOR ALL YOU DO FOR OUR STUDENTS AND THE SCHOOL COMMUNITY.**



This years Outstanding Educator (Aka Golden Apple Award) goes to...  
**Mr. Williams!! Congrats, DJ!!!**

It was clear when reading through the nominations that Mr. Williams has been the teacher the children needed when many children have been struggling with their mental health. Darryl was nominated for this award by the students, and this is what they had to say about him. "He no matter what makes class fun. His class is usually a class I look forward to and have no anxiety about. He's also super big on mental health which I feel not a lot of teachers prioritize." "He makes his students feel safe and seen and is a wonderful

teacher." "His classroom makes me feel safe and accepted." "He's such a good teacher and he's helped me and other students throughout so many painful things, and he provides a safe nonjudgmental place." "He cares about mental health, he cares, he respects the students, he is kind and caring." "He is super chill and helps us with work in a way that helps me a lot, he always does so many cool things for us and it makes us all want to respect him." "BEST TEACHER! Kind, he always listens to what the students are saying and their opinions."



## Congrats, Waldo Nambo!!!

Waldo joined the Kellogg family and instantly fit into our community. He had been a director of our after school Hang Time program for years and was well loved by staff and students. His transition into our Family Advocate position has been a blessing for our building, as all of our students and staff get to benefit from his work every day.

Waldo has a natural gift for making students feel seen and heard at school. His warm spirit and kind nature brings students to his office and helps them feel comfortable being vulnerable and connecting with his work. Waldo is a fierce advocate for our Latino families and makes sure that they feel supported

in our schools and community. He holds evening events for our Latino families and runs a Latino club for our students. He is passionate about making sure language is not a barrier for families to support their children and find resources in the community. Everyone benefits from Waldo's work and we are so grateful that he is a Kellogg Knight.

## Our Golden Acorn Winner... Missy Liu!!

For many years now Missy has volunteered to improve the lives of students in Shoreline schools. She has been involved with issues ranging from environmental initiatives to sharing perspectives with administrators. She always seems to be ready to step in to help whenever there is a need, such as with vision screenings of students at KMS. This year there has been a strong need around student mental health and in response Missy has helped to start the Mental Health Committee at the Council level, with the goal of breaking stigmas around mental health well-being. Missy is a great role model for our kids. In addition, Missy has served as the KMS PTSA secretary these past two years. Missy truly puts her heart and soul into making our school community a safe place, where everyone feels welcome, included and loved, she is a shining star in our community! Thank you, Missy Liu, for ALL YOU DO!!!!



Thank you!

**DIVERSITY & INCLUSION**

Happy May & hopefully warmer weather soon!

As we come to the end of the school year, please consider signing up for the open DEI position next year with our KMS PTSA. This continued and collective work is urgent and imperative.

Thank you so much for your consideration.

Ranice Innocent-DEI board member

**DEI RESOURCES**

Mental Health Awareness via Learning for Justice:

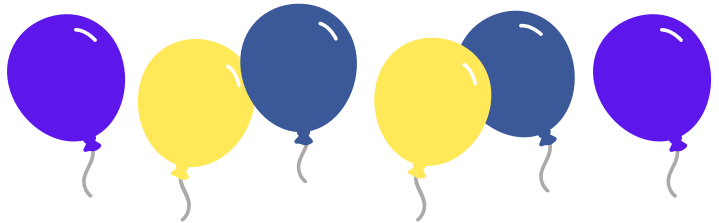
➔ [Learning for Justice link](#)

**HAPPY AAPI MONTH!**

➔ [AAPI TRIBUTE LINK](#)

➔ [Asian-American & Pacific Islander YouTube link](#)

**8TH GRADE CELEBRATION!**



**THURSDAY, JUNE 16TH**

**2:00-3:00PM**

STAY TUNED FOR DETAILS

*Congratulations*  
**CLASS OF 2026**

**KELLOGG PTSA MEETING**

**JOIN US FOR OUR LAST MEETING OF THE YEAR!**

TUESDAY, JUNE 7---7:00PM---KELLOGG COMMONS

EVERYONE IS WELCOME!

LOOKING FORWARD TO SEEING YOU THERE!





# Shoreline PTA Mental Health Committee



## Asian-American Native Hawaiian Pacific Islander (AANHPI) Mental Health Awareness Event Tuesday, May 31, 2022 (7 – 8:30 p.m.)

May is AANHPI Heritage Month and National Mental Health Awareness Month. In collaboration with the City of Shoreline and Shoreline PTA Council's Mental Health Committee, this free webinar will present historical and current issues that have impacted Asian-Americans, Native Hawaiians, Pacific Islanders and their mental wellness in our multicultural and multigenerational society. Learn how to find support and connection with AANHPI community members, local resources and organizations.

Lynette Pang, MA, LMHC Counselor of Phase 3 Counseling, will cover:

- \* Cultural pressures and expectations
- \* Impact of COVID & hate crimes
- \* Stereotypical depictions in the movies and media
- \* The "Model Minority" myth
- \* The increasing demand for more AANHPI therapists
- \* How to recognize when professional support is needed

via Zoom <https://us02web.zoom.us/j/84449900586>

Webinar ID: 844 4990 0586

### About Lynette Pang, MA, LMHC:

Lynette received her BS and MA in Psychology from Virginia Tech and the University of the Pacific, respectively. As a Licensed Mental Health Counselor in Washington State, Lynette has over 20 years of clinical experience. She works with adults of all ages, supporting clients with various mental health issues, including depression, anxiety, as well as life transitions, and relationship issues. Approaching her practice with a multicultural lens, Lynette considers her client's race, ethnicity, gender identity, sexual orientation, religion/spiritual beliefs, and socioeconomic status. In therapy, she explores what it means for clients when "intersections" of these aspects affect one's identity and experiences.



**Shoreline Council  
PTA**

advocate • communicate • educate • collaborate

The Shoreline PTA Council 6.12 Mental Health Committee does not endorse or refer persons to therapeutic services or recommend any medical diagnosis or treatment.



Email: [mentalhealth@shorelinepta.org](mailto:mentalhealth@shorelinepta.org)

Co-Sponsored By:



Website: <https://www.shorelinepta.org/mental-health.html>